



GPN RISP AI Training

Session 4 Resources

Topic: Planning Your Time & Budget with AI

Core Pillar Focus: Pillar 1 – A Comfortable Marketing Plan

Prerequisite: Session 3 (Avatars & Messaging)

Learning Outcomes

- Build a 3–5 hr/wk schedule
- Create a Top 3 activity plan
- Draft a \$100 starter budget

Key Concepts

- Consistency > Intensity
- AI as your planner
- Fit your plan into YOUR life

Weekly Schedule Example

- 30 minutes/day for:
 - Learning
 - Post/Comment/Share
 - Follow Up
- Consistency is the secret to momentum.

PROMPT: Create a simple weekly schedule for 3 hours/week of network marketing.

Top 3 Activity Plan

1. Learn: training, AI practice, product knowledge
2. Post/Comment/Share: create posts, comment on others, or share GPN content
3. Follow Up: conversations, pipeline invitations

PROMPT: List the top 3 most important tasks if I can only spend 5 hours/week.'

Sample \$100 Starter Budget

- \$20 boosted FB/Instagram posts
- \$15 Canva Pro
- \$15 misc. outreach (printing, Zoom, etc.)
- \$50–80 DFY Leads

Key: DFY = buying back your time & consistency.

PROMPT: Draft a \$100 monthly budget plan for ads/outreach

Action Assignment

- Follow your AI-generated 7-day plan for one week
- Stick to your Top 3 activities
- Choose your \$100 starter budget

Remember: Consistency beats intensity.

Next Session Teaser

Next time, we'll learn how to use AI to explain the GPN funding program simply, removing the #1 barrier people face: money concerns.